



4822 Six Forks Road Suite 102
Raleigh, NC 27609
p 919-336-4244
f 877-718-0710

Dear Valued Focus-MD Patient:

After much consideration, Focus-MD, Raleigh has made the decision to close the practice effective March 31, 2023.

In preparation for closure, we are also ending our in-network provider status with all insurance companies effective January 1, 2023.

UHC/UMR EXCEPTION: Effective November 1, 2022, we are out of network for UHC/UMR.

TRICARE EXCEPTION: Tricare patients are not allowed by their insurance carrier to seek care as an “out of network” patient and must find a new provider by January 1, 2023. You should have already received notification of this from our office.

What does this mean for you:

January 1, 2023, Focus-MD Raleigh will be considered an out-of-network provider. Effective Jan 1 - March 31, 2023, our fees will be as follows:

- New Patient Visits (Consult for Diagnosis Only): \$500
- Established Patient Visits: \$125
- QbTest: \$150

We can continue to see you as a Focus-MD patient until March 31, but we encourage and recommend you begin the process of finding a new ADHD provider as soon as possible.

Finding a new provider:

- Check with your primary care provider. Many may be willing to continue medication management. Often, they do not like making the diagnosis of ADHD, but once diagnosed and optimized on medication, most are happy to continue medication management. Honestly, this brings you back to your “medical home” and makes it easier to coordinate care.
- For pediatric patients: Pediatricians should all be adequately trained enough to take on medication management of ADHD. If your personal pediatrician does not

feel comfortable with ADHD care, another provider in the practice usually is, so you may need to receive ADHD from a partner in the practice.

- Psychiatrists take care of ADHD. Please check with your insurance for in-network providers.

Medication refills:

Focus-MD can provide prescription refills for **a limited time** while you find a new provider. We will not be able to provide any services after March 31, 2023.

We want to support you as you look for a new provider, we know it may take time, but we have to put limits on controlled substance refills for medical and legal reasons.

Requesting Medical Records:

- Go to raleighadhd.com, scroll down, and fill out the link "REQUEST YOUR RECORDS FROM FOCUS-MD".
- We can send your records without charge directly to your new provider.
- Requests for printed records will incur a charge depending on the number of pages printed and whether you need them mailed to you.
- Printed records cannot be accommodated after March 31, 2023.
- We cannot send medical records/personal health information via email. Email is not secure or HIPAA compliant.
- Medical records are also available in the patient portal (www.yourhealthfile.com).

Wishing you the best,

A handwritten signature in black ink, appearing to read 'E Neel', followed by a long horizontal flourish line.

Elizabeth Neel, MD | Focus-MD Raleigh, NC