

## Welcome to Focus-MD!

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We give our full attention to ADHD and the problems that go along with it. Our solution looks at the whole patient and we want to begin to get to know your child before you arrive for your first visit!

Please fill out the forms that follow completely and feel free to give as much information as needed. Having this information before your appointment helps us use the time at your visit to better address your concerns.

We combine the information in this packet and the information you provide during your appointment with our FDA cleared state-of-the-art objective testing to help arrive at a more accurate diagnosis.

Whether your child is ultimately diagnosed with ADHD and/or some related condition or not, we provide support and recommendations to help you address your concerns. Again, we care about the whole person not just the diagnosis.

If ADHD treatment is needed we will explain our recommendations and provide the same careful attention to treatment that we do when making a diagnosis. When medication is used we are here to work with you to find the right solution. No one wants to change their child's personality to a zombie state and at Focus-MD we don't want that either! Response to medication varies significantly from one person to another, and our solution helps find the optimal dose of the right medication for your child.

Medication is usually an important part of treatment and often the first step. Focus-MD is about more than medicine though. We are growing our resources to help with ADHD challenges that may not get better with medication alone.

Finally, Focus-MD provides careful follow-up to ensure your child is making progress in reaching their goals with minimal medication side effects. We will discuss a follow-up plan with you during your first visit.

Thank you for choosing Focus-MD. We are committed to taking you and your family from frustration to focus.

Patients 18 and over please complete and return this paperwork in person, by US Mail, or by confidential fax:

Focus-MD Hoover  
430 Emery Drive, Suite 700  
Hoover, AL 35244  
Phone: 205-987-4044  
Fax: 877-385-9053



**Patient Information**

First: \_\_\_\_\_ Middle: \_\_\_\_\_ Last Name: \_\_\_\_\_

Nickname: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: F/M SS# \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Preferred Email: \_\_\_\_\_

Ok to send me emails regarding appointment reminders, healthcare news, or practice notices.

School/Employer: \_\_\_\_\_

Preferred Phone Number: \_\_\_\_\_ May we send text reminders to this number?  Yes  No

Alternate Phone Number: \_\_\_\_\_ May we send text reminders to this number?  Yes  No

How did you hear about Focus-MD?  Friend/Relative  Doctor Referral: \_\_\_\_\_

Facebook  Internet Search/Google  Internet Ad  Sign/Drive by

**Guarantor Information:**

Name: \_\_\_\_\_ Cell #: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Is Mailing Address same as patient address?  Yes  No If not, please provide address below:

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Is the person named above responsible for patient account?  Yes  No If not, please list below:

Responsible party: \_\_\_\_\_ SS # \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Insurance Information**

Insurance Carrier: \_\_\_\_\_ ID #: \_\_\_\_\_

Group #: \_\_\_\_\_ Policy Holder's Name: \_\_\_\_\_

Policy Holder's Date of Birth: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

**Secondary Insurance Information**

Insurance Carrier: \_\_\_\_\_ ID #: \_\_\_\_\_

Group #: \_\_\_\_\_ Policy Holder's Name: \_\_\_\_\_

Policy Holder's Date of Birth: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

**Primary Care Physician**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Address: \_\_\_\_\_ City/St/Zip: \_\_\_\_\_

**Name of Referring Medical Professional (If applicable – referral not required to schedule an appointment)**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Address: \_\_\_\_\_ City/St/Zip: \_\_\_\_\_

**Preferred Pharmacy**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Address: \_\_\_\_\_ City/St/Zip: \_\_\_\_\_

**Patient Acknowledgement of Privacy, Financial, and Practice Policies**

**Financial Policies**

- \_\_\_\_ (initial) I acknowledge I have received the Focus-MD Financial Policy
- Patient/guarantor is responsible for providing accurate insurance information
  - Patient/guarantor is responsible for any authorization required by insurance companies
  - Patient/guarantor understands additional fees may incur as described in policy
- \_\_\_\_ (initial) I acknowledge I have received the Focus-MD Non-Covered Service Agreement
- Some services are not covered by insurance
  - Any services not covered are the responsibility of the patient/guarantor
- \_\_\_\_ (initial) Our Cancellation Policy  
*Our provider's time is reserved for you. We do not double book our patients in order to provide adequate time for each individual. We strive for exceptional care through individual attention.*
- Any appointment cancelled *less than 24 hours in advance* is considered a No Show.
  - A No Show on a new or extended patient appointment will result in a \$100 fee that is not covered by insurance.
  - A No Show on an established patient appointment will result in a fee of \$30 that is not covered by insurance
  - Exceptions to this policy will be reserved for verifiable emergencies only and will be at the sole discretion of management.
  - Repeated No Show appointments will result in unconditional discharge from care at this facility.

**Privacy Policies**

- \_\_\_\_ (initial) I acknowledge I have received the Focus-MD's Notice of Privacy Practices
- Our Notice of Privacy Practices provides information about how we use and disclose your PHI
- \_\_\_\_ (initial) I acknowledge I have received the Consent of Use or Disclosure of PHI  
 We will not discuss your or your child's care with family or friend unless authorized in writing.  
**Please complete the following so that the individuals you specify can have access to your information.**  
 I consent to disclosure of the following protected health information about my child/me to the following family member(s) or person(s) involved in the care or payment for my child's/my care:  
 Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_
- In accordance with the law, your protected health information may be disclosed by us to effectively treat you, to get paid by your insurance company for your care, and to effectively operate our office.
  - To effectively operate our office we may leave appointment reminders or other health care information via phone messages, email, text, and US mail.
- \_\_\_\_ (initial) To ensure privacy, I agree to use the patient portal for questions pertaining to medical management and discussion of symptoms/side effects. I understand that this communication is a part of the patient's permanent medical record.
- \_\_\_\_ (initial) I authorize Focus-MD to access my prescription history (including dosage and refills) from the pharmacy database.
- \_\_\_\_ (initial) I authorize Focus-MD to correspond with and/or release my medical records to my Primary Care Physician and Referring Provider

I have read and understand the above policies and procedures.

\_\_\_\_\_  
**Parent/Guardian/Patient Signature (if over 18)**

\_\_\_\_\_  
**Patient Name (Please Print)**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Patient DOB:**



**Financial Policy**

This financial policy contains important information about payment for our professional services. It is intended to help us provide the best possible medical care while also controlling administrative costs. It outlines our responsibilities, and those of our patients, with regard to payment for services.

Please note: the party that brings the child to the office will be responsible for the visit’s copay AND will also be the final responsible party on record. We will not be involved in parental court cases. Whoever brings the child to the office for a visit will be authorized to receive financial and medical information. Information regarding a visit will be available on the portal.

It is the patient’s responsibility to make payment at the time of service for all services rendered if it is determined that the patient’s insurance policy may not cover our services. You must report ALL insurance coverage correctly. Failure to do so is considered insurance fraud. This will also result in full patient responsibility of your bill. The contract with your insurance company mandates that we collect copays at this time. If a patient finds that they will be unable to pay in full upon check-out, they will be responsible for determining a payment plan agreed upon by Focus-MD *prior to the scheduled appointment*.

**Additional Fees**

No Show/Late Cancellation Extended Appointments	\$100	Other Document Requests	\$25
No Show/Late Cancellation Follow-Up Appointments	\$30	Medical Records \$5 search fee. \$1/page up to 25 pages.	\$ .50/page 26+ pages
Returned Check	\$35		

We require 24 advance notice for cancellations or reschedule. Less than 24 hours is considered “Late”. As a courtesy, you may receive a reminder of your upcoming appointment by e-mail or text message. You are still responsible for honoring your appointment even if you do not receive a reminder. Unless other arrangements are made the parent or guardian of patients less than 18 years of age responsible for payment according to the terms described above.

Students, 18 years old and above, who are covered under the insurance policy of the parent or guardian, must designate whether responsibility for payment will fall upon the parent / guardian or themselves. For those students whose parent / guardian(s) will maintain responsibility for payment, an authorization for services must be signed by that parent or guardian. As a convenience, the parent / guardian may provide a credit card number and authorize that the co-pay be billed to that card at each visit.

You, the patient, have a contract with your insurance carrier. Our services may or may not be covered by your particular policy. It is your responsibility to contact your carrier to determine if these are covered services under your contract **prior** to the date of service. A referral may be required by your insurance company for services to be paid. It is the **patient’s responsibility** to obtain the required referral for treatment prior to the visit.

Our staff is happy to help with general questions relating to a claim or to provide additional information requested by your insurance carrier in order for the claim to be processed. However, patients should direct questions about coverage for specific procedures to a representative of their insurance company’s member services department by calling the number on the back of the card.

**For each visit please bring:**

- Current insurance card and Driver’s License
- Co-pay/Deductible for the day’s visit (this is an estimate from our billing dept.)
- Cash, check, or credit card for paying any balance from previous billing.

\_\_\_\_\_  
**Parent/Guardian/Patient Signature (if over 18)**

\_\_\_\_\_  
**Patient Name (Please Print)**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Patient DOB:**



**Non-Covered Service Policy**

As our patients, we want to provide you the best care possible. There may be certain services that we feel are necessary that are not covered by some insurance carriers.

- You will be expected to pay for those services in full at the time they are provided.
- Policy holders of insurance carriers other than those currently contracted with our Providers will be expected to pay in full at the time of service.

*These procedures are frequently used by Focus-MD providers and may or may not be covered under your insurance policy.*

<i>New Patient Testing (May or may not be covered under insurance)</i>	<i>Testing/Assessment Codes</i>
<ul style="list-style-type: none"> <li>• QbTest</li> <li>• Clinicom</li> <li>• Vanderbilt Assessment, NeuroPsych Questionnaire, Adult ADHD Self-Report Scale, ADHD Rating Scale IV</li> </ul>	96120 & 96119 96103 96127

I have read and understand that charges for services not covered by my insurance plan will be my responsibility to pay in full the day the services are rendered.

**Attention Cigna and Coventry Patients:**

One or more of the following Focus-MD testing procedures is not being covered by Cigna nor Coventry. At this time, Cigna and Coventry do not pay for any type of neuropsychological testing for ADHD or related disorders. Focus-MD has contacted Cigna and Coventry in an effort to educate them on the value and evidence base for the testing we provide. Unfortunately, Cigna and Coventry require providers to have this waiver signed each time the testing is performed. If you have questions or concerns about Cigna and Coventry’s policy please call the customer service number listed on your insurance card. Initials: \_\_\_\_\_

\_\_\_\_\_  
**Parent/Guardian/Patient Signature (if over 18)**

\_\_\_\_\_  
**Patient Name (Please Print)**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Patient DOB:**



**Authorization for Release of Medical Information**

Patients Name \_\_\_\_\_ DOB: \_\_\_\_\_ SSN: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_ Date of Request: \_\_\_\_\_

**Focus-MD Hoover**  
**430 Emery Drive, Suite 700**  
**Hoover, AL 35244**  
**Phone: 205-987-4044 Fax: 877-385-9053**

I authorize Focus-MD to release information to:

**OR**

I authorize Focus-MD to obtain information from:

\_\_\_\_\_  
Name of Provider or Facility

\_\_\_\_\_  
Name of Provider or Facility

\_\_\_\_\_  
Address

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State, Zip Code

\_\_\_\_\_  
City, State, Zip Code

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Fax Number

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Fax Number

**PURPOSE FOR THIS REQUEST** (check one)  Transfer of Care  Healthcare  Insurance Coverage  Personal  
 Attorney/Legal  Continued Care (Consult/Referral)

**TYPE OF RECORDS REQUESTED** (check one)

- Complete medical record
- Summary of records (Includes: Last well check, detailed summary of all visits, growth chart, allergies, and medication list)
- Office Notes
- Specific Treatment (select one or more, as applicable)
- Procedure Report  History & Physical  Testing Results  Medication List  Surveys/Assessments  Office Notes

**AUTHORIZATION VALID FOR:** (Check one):

- This request only.
- One year from the date of this authorization. This authorization applies to the records of the treatment received on or prior to the date of this authorization.
- This request and for medical records of any **future** treatment of the type described above until : \_\_\_\_\_ (insert date)

**I understand that:**

- My right to healthcare treatment is not conditioned on this authorization.
- I may cancel this authorization at any time by submitting a written request to the address provided the top of this form, except where a disclosure has already been made in reliance on my prior authorization.
- If the person or facility receiving this information is not a health care or medical insurance provider covered by privacy regulations, the information stated above could be re-disclosed.

Signature of Patient or Representative \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to Patient (If requester is not the patient) \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **NOTICE OF PRIVACY PRACTICES**

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

***PLEASE REVIEW IT CAREFULLY.***

Your medical record may contain personal information about your health. This information may identify you and relate to your past, present or future physical or mental health condition and related health care services and is called Protected Health Information (PHI). This Notice of Privacy Practices describes how we may use and disclose your PHI in accordance with applicable law. It also describes your rights regarding how you may gain access to and control your PHI. We are required by law to maintain the privacy of PHI and to provide you with notice of our legal duties and privacy practices with respect to PHI. We are required to abide by the terms of this Notice of Privacy Practices.

### **How we may use and disclose health care information about you:**

**For Care or Treatment:** Your PHI may be used and disclosed to those who are involved in your care for the purpose of providing, coordinating, or managing your services. This includes consultation with clinical supervisors or other team members. Your authorization is required to disclose PHI to any other care provider not currently involved in your care.

**Example:** *If another physician referred you to us, we may contact that physician to discuss your care. Likewise, if we refer you to another physician, we may contact that physician to discuss your care or they may contact us.*

**For Payment:** Your PHI may be used and disclosed to any parties that are involved in payment for care or treatment. If you pay for your care or treatment completely out of pocket with no use of any insurance, you may restrict the disclosure of your PHI for payment. **Example:** *Your payer may require copies of your PHI during the course of a medical record request, chart audit or review.*

**For Business Operations:** We may use or disclose, as needed, your PHI in order to support our business activities including, but not limited to, quality assessment activities, employee review activities, licensing, and conducting or arranging for other business activities. We may also disclose PHI in the course of providing you with appointment reminders or leaving messages on your phone or at your home about questions you asked or test results. **Example:** *We may share your PHI with third parties that perform various business activities (e.g., Council on Accreditation or other regulatory or licensing bodies) provided we have a written contract with the business that requires it to safeguard the privacy of your PHI.*

**Required by Law:** Under the law, we must make disclosures of your PHI available to you upon your request. In addition, we must make disclosures to the Secretary of the Department of Health and Human Services for the purpose of investigating or determining our compliance with the requirements of the Privacy Rule, if so required.

**Without Authorization:** Applicable law and ethical standards permit us to disclose information about you without your authorization only in a limited number of other situations. Examples of some of the types of uses and disclosures that may be made without your authorization are those that are:

- Required by Law, such as the mandatory reporting of child abuse or neglect or mandatory government agency audits or investigations (such as the health department)
- Required by Court Order
- Necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public. If information is disclosed to prevent or lessen a serious threat it will be disclosed to a person or persons reasonably able to prevent or lessen the threat, including the target of the threat.

**Verbal Permission:** We may use or disclose your information to family members that are directly involved in your receipt of services with your verbal permission.

**With Authorization:** Uses and disclosures not specifically permitted by applicable law will be made only with your written authorization, which may be revoked. Your explicit authorization is required to release psychotherapy notes and PHI for the purposes of marketing, subsidized treatment communication and for the sale of such information.

**Your rights regarding your PHI:** You have the following rights regarding PHI we maintain about you. To exercise any of these rights, please submit your request in writing to our Privacy Officer:

- **Right of Access to Inspect and Copy.** You have the right, which may be restricted only in exceptional circumstances or with documents released to us, to inspect and copy PHI that may be used to make decisions about service provided.
- **Right to Amend.** If you feel that the PHI we have about you is incorrect or incomplete, you may ask us to amend the information although we are not required to agree to the amendment.
- **Right to an Accounting of Disclosures.** You have the right to request an accounting of certain of the disclosures that we make of your PHI. We may charge you a reasonable fee if you request more than one accounting in any 12-month period.
- **Right to Request Restrictions.** You have the right to request a restriction or limitation on the use or disclosure of your PHI for services, payment, or business operations. We are not required to agree to your request.
- **Right to Request Confidential Communication.** You have the right to request that we communicate with you about PHI matters in a specific manner (e.g. telephone, email, postal mail, etc.)
- **Right to a Copy of this Notice.** You have the right to a copy of this notice.

**Website Privacy:** Any personal information you provide us with via our website, including your e-mail address, will never be sold or rented to any third party without your express permission. If you provide us with any personal or contact information in order to receive anything from us, we may collect and store that personal data. We do not automatically collect your personal e-mail address simply because you visit our site. In some instances, we may partner with a third party to provide services such as newsletters, surveys to improve our services, health or company updates, and in such case, we may need to provide your contact information to said third parties. This information, however, will only be provided to these third-party partners specifically for these communications, and the third party will not use your information for any other reason. While we may track the volume of visitors on specific pages of our website and download information from specific pages, these numbers are only used in aggregate and without any personal information. This demographic information may be shared with our partners, but it is not linked to any personal information that can identify you or any visitor to our site. Our site may contain links to other outside websites. We cannot take responsibility for the privacy policies or practices of these sites and we encourage you to check the privacy practices of all internet sites you visit. While we make every effort to ensure that all the information provided on our website is correct and accurate, we make no warranty, express or implied, as to the accuracy, completeness or timeliness, of the information available on our site. We are not liable to anyone for any loss, claim, or damages caused in whole or in part, by any of the information provided on our site. By using our website, you consent to the collection and use of personal information as detailed herein. Any changes to this Privacy Policy will be made public on this site so you will know what information we collect and how we use it.

**Breaches:** You will be notified immediately if we receive information that there has been a breach involving your PHI.

**Complaints:** If you believe we have violated your privacy rights, you have the right to file a complaint in writing with our Privacy Officer at *Focus-MD*. If you have questions and would like additional information, you may contact your office.

*Focus-MD  
Attn: Privacy Officer  
PO Box 88061  
Mobile, AL 36608*





**CONSENT FOR USE OR DISCLOSURE OF PROTECTED HEALTH INFORMATION FOR  
PAYMENT, TREATMENT AND HEALTH CARE OPERATIONS**

With my consent, Focus-MD, may use and disclose protected health information (PHI) about me to carry out treatment, payment and healthcare operations (TPO). Please refer to the Notice of Privacy Practices for a more complete description of uses and disclosures.

I have the right to review the Notice of Privacy Practices prior to signing this consent. Focus-MD, reserves the right to revise its Notice of Privacy Practices at any time. A revised Notice of Privacy Practice may be requested.

I have the right to request that Focus-MD restricts how it uses or discloses my PHI to carry out TPO. However, the practice is not required to agree to my requested restrictions, but if it does, it is bound by this agreement. By signing this form, I am consenting to Focus-MD, use and disclosure of my PHI to carry out TPO.

With my consent, Focus-MD may call, at the numbers provided, my home or other designated location and leave a message on voice mail or in person in reference to any items that assist the practice in carrying out TPO, such as appointment reminders, billing information and any call pertaining to my clinical care, including laboratory results, treatment plans, condition updates among others. With my consent Focus-MD may mail to my home or other designated location any items that assist the practice in carrying out TPO, such as appointment reminder cards and patient statements.

I may revoke my consent in writing except to the extent that the practice has already made disclosures in reliance upon my prior consent. If I do not sign this consent, Focus-MD may decline to provide treatment to me.

\_\_\_\_\_  
**Parent/Guardian/Patient Signature (if over 18)**

\_\_\_\_\_  
**Patient Name (Please Print)**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Patient DOB:**

## Help Us Get to Know You

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**Please complete this questionnaire.**

What do you do well?

What do you enjoy doing most?

How long have you been experiencing ADHD type symptoms?

Do you avoid talking on the phone?

Can you drink caffeine without it affecting your sleep?

Do you re-read paragraphs or pages because you didn't get it the first time?

Do your friends and family think you talk too much?

Are you always looking for your phone or keys, or frequently misplace things?

Are you frequently late for appointments?

Do you have significant time management problems? Is procrastination a problem for you?

Do you get frustrated and overwhelmed with school work, housework, your job, or other responsibilities?

Are you sensitive to noise, light, textures/touch?

Are you a worrier?

Do you feel unhappy a lot?

Do you have trouble making/keeping friends?

## REVIEW OF SYSTEMS:

### Constitutional

- Yes  No Decreased Appetite
- Yes  No Decreased Appetite at Lunch
- Yes  No Excessively Sleepy
- Yes  No Fatigue
- Yes  No Problems Falling/Staying Asleep
- Yes  No Tired
- Yes  No Weight Gain
- Yes  No Weight Loss

### Eyes

- Yes  No Frequent Blinking/Squinting
- Yes  No Itching/Rubbing Eyes
- Yes  No Vision Problems

### Ears/Nose/Throat

- Yes  No Hearing Loss
- Yes  No Large Tonsils
- Yes  No Snoring

### Respiratory

- Yes  No Cough at Night/Wakes Patient
- Yes  No Frequent Cough
- Yes  No Shortness of Breath
- Yes  No Tightness in Chest
- Yes  No Trouble Breathing

### Heart/Vascular

- Yes  No Chest Pain
- Yes  No Heart Racing/Fast Heart Rate
- Yes  No High Blood Pressure
- Yes  No Palpitations

### Gastrointestinal

- Yes  No Blood in Stool
- Yes  No Constipation
- Yes  No Diarrhea
- Yes  No Frequent Abdominal Pain
- Yes  No GERD/Reflux/Frequent Heartburn
- Yes  No Stool Leakage/Accidents
- Yes  No Vomiting

### Musculoskeletal

- Yes  No Clumsy
- Yes  No Joint Pain
- Yes  No Limp or Gait Disturbance

### Psychiatric

- Yes  No Aggression
- Yes  No Anxious, Worries
- Yes  No Apathetic/Lazy
- Yes  No Attempts at Self Harm, Suicide
- Yes  No Cutting Behavior
- Yes  No Depressed, Sad
- Yes  No Flat Effect/Zombie-like

### Psychiatric

- Yes  No Frequent Anger
- Yes  No Hypersexual Behavior
- Yes  No Irritable, Touchy
- Yes  No Low Self Esteem
- Yes  No Mood Issues Related to Menstruation
- Yes  No Not Sleeping for over 24 Hours
- Yes  No Obsessive Compulsive Behaviors
- Yes  No Overly Confident or Grandiose
- Yes  No Paranoid, hears/sees things others don't
- Yes  No Racing Thoughts
- Yes  No Rigid, Inflexible
- Yes  No Sensory Issues- Hates Tags, Loud Noises, Problems with Food Textures
- Yes  No Special Abilities
- Yes  No Thoughts of Self Harm, Suicide

### Skin/Hair/Nails

- Yes  No Acne
- Yes  No Eczema
- Yes  No Hair Loss
- Yes  No Sores or Rashes
- Yes  No Twirls or Pull Hair/Picks at Skin, Nails

### Neurological

- Yes  No Blank Staring Spells
- Yes  No Frequent Headaches
- Yes  No Motor Tics – Blinking, Jerking
- Yes  No Seizures
- Yes  No Tremor
- Yes  No Verbal Tics – Sniffing, Throat Clearing, Vocalizing
- Yes  No Weakness

### Endocrine

- Yes  No Diabetes
- Yes  No Frequent Urination/Drinks Excessive Fluids
- Yes  No Problems with Growth/Short Stature
- Yes  No Thyroid Problems

### Heme/Lymph

- Yes  No Anemia
- Yes  No Easily Bruised

### Allergic/Immunologic

- Yes  No Allergies
- Yes  No Asthma
- Yes  No Food Allergy

### Genito/Urinary

- Yes  No Bed Wetting
- Yes  No Frequent Urinating
- Yes  No Irregular, Heavy Period
- Yes  No Significant Menstrual Pain
- Yes  No Urine Accident/Incontinence

**ALLERGIES:**

Do you have any drug allergies?  Yes  No  
 If so, please name and describe the reaction: \_\_\_\_\_  
 The reaction is  Mild  Moderate  Severe

Do you have any food allergies?  Yes  No  
 If so, please name and describe the reaction: \_\_\_\_\_  
 The reaction is  Mild  Moderate  Severe

**CURRENT ADHD MEDICATIONS:**  None

<u>Medication Name</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Duration</u>
	_____ mg _____ # tabs Time taken: _____ am/pm	<input type="checkbox"/> Almost if not every day <input type="checkbox"/> School/work days <input type="checkbox"/> Less than 5 days a week	<input type="checkbox"/> < 6 hours <input type="checkbox"/> 6-8 hours <input type="checkbox"/> 8-10 hours <input type="checkbox"/> 10-12 hours <input type="checkbox"/> Adequate <input type="checkbox"/> Not Adequate
Is this medication effective? <input type="checkbox"/> Not effective <input type="checkbox"/> Somewhat effective <input type="checkbox"/> Effective <input type="checkbox"/> Very Effective			
Any side effects? <input type="checkbox"/> No <input type="checkbox"/> If yes, please describe:			
	_____ mg _____ # tabs Time taken: _____ am/pm	<input type="checkbox"/> Almost if not every day <input type="checkbox"/> School/work days <input type="checkbox"/> Less than 5 days a week	<input type="checkbox"/> < 6 hours <input type="checkbox"/> 6-8 hours <input type="checkbox"/> 8-10 hours <input type="checkbox"/> 10-12 hours <input type="checkbox"/> Adequate <input type="checkbox"/> Not Adequate
Is this medication effective? <input type="checkbox"/> Not effective <input type="checkbox"/> Somewhat effective <input type="checkbox"/> Effective <input type="checkbox"/> Very Effective			
Any side effects? <input type="checkbox"/> No <input type="checkbox"/> If yes, please describe:			

**CURRENT OCD/ANXIETY/MOOD MEDICATIONS:**  None

<u>Medication Name</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Duration</u>
	_____ mg _____ # tabs Time taken: _____ am/pm	<input type="checkbox"/> Almost if not every day <input type="checkbox"/> School/work days <input type="checkbox"/> Less than 5 days a week	<input type="checkbox"/> < 6 hours <input type="checkbox"/> 6-8 hours <input type="checkbox"/> 8-10 hours <input type="checkbox"/> 10-12 hours <input type="checkbox"/> Adequate <input type="checkbox"/> Not Adequate
Is this medication effective? <input type="checkbox"/> Not effective <input type="checkbox"/> Somewhat effective <input type="checkbox"/> Effective <input type="checkbox"/> Very Effective			
Any side effects? <input type="checkbox"/> No <input type="checkbox"/> If yes, please describe:			

**OTHER CURRENT MEDICATIONS:** \_\_\_\_\_

**PAST ADHD MEDICATIONS IN LAST 2 YEARS:**

Medication Name: \_\_\_\_\_ Dose: \_\_\_\_\_ mg \_\_\_\_\_ mg \_\_\_\_\_ mg  
 Side Effects (if any): \_\_\_\_\_  
 How effective was this medication?  Not effective  somewhat effective  effective  very effective

Medication Name: \_\_\_\_\_ Dose: \_\_\_\_\_ mg \_\_\_\_\_ mg \_\_\_\_\_ mg  
 Side Effects (if any): \_\_\_\_\_  
 How effective was this medication?  not effective  somewhat effective  effective  very effective

Medication Name: \_\_\_\_\_ Dose: \_\_\_\_\_ mg \_\_\_\_\_ mg \_\_\_\_\_ mg  
 Side Effects (if any): \_\_\_\_\_  
 How effective was this medication?  not effective  somewhat effective  effective  very effective

**FAMILY HISTORY:**

- Is your mother living?  Yes, age: \_\_\_\_\_  No, age and cause of death: \_\_\_\_\_
- Is your father living?  Yes, age: \_\_\_\_\_  No, age and cause of death: \_\_\_\_\_

Please indicate with a ✓ if any of your immediate family members have experienced any of the following conditions.

**Initial if none:** \_\_\_\_\_

Condition	Mother	Father	Sibling	Children	Grandparent	Aunt/Uncle
ADHD						
Learning Disorder						
Anxiety						
Panic Disorder						
OCD						
Mood Disorder						
Bipolar Disorder						
Depression						
Schizophrenia/Nervous Breakdown						
Tics/Tourette's						
Headache/Migraines						
Autism/Asperger's						
Seizure Disorder						
Addiction/Substance Abuse						
Heart Disease Under Age of 40						
High Blood Pressure						
Stroke						
Diabetes						
Cancer						
Asthma						

**MEDICAL HISTORY:**

**Behavioral/Mental Health History:**

Have you ever been formally diagnosed with ADHD?  Yes  No

If yes, when were you diagnosed and by whom? \_\_\_\_\_

- Do you have documentation of the diagnosis?  Yes  No
- Are you currently under a provider's care for ADHD?  Yes  No
  - If yes, who is your current ADHD care provider? \_\_\_\_\_
  - What are your reasons for changing ADHD providers? \_\_\_\_\_

Have you ever participated in any of the following treatments or therapies?  Yes  No

<input type="checkbox"/> Counseling	<input type="checkbox"/> Behavioral Modification	<input type="checkbox"/> Occupational Therapy
<input type="checkbox"/> Speech Therapy	<input type="checkbox"/> Reading Intervention	<input type="checkbox"/> Special Education

Do you have any history of the following?  Yes  No

<input type="checkbox"/> Learning Disorder	<input type="checkbox"/> Anxiety, Panic Attacks	<input type="checkbox"/> OCD
<input type="checkbox"/> Mood Disorder/Bipolar	<input type="checkbox"/> Depression	<input type="checkbox"/> Schizophrenia
<input type="checkbox"/> Tics/Tourette's	<input type="checkbox"/> Autism/Asperger's	<input type="checkbox"/> Substance Abuse/Addiction

**Sleep History:**

- Did you have a history of sleeping problems?  Yes  No
  - Trouble falling asleep       Trouble staying asleep
  - Talking in sleep                 Frequent nightmares
  - Walking in sleep                  Vivid dreams
  
- Have you gone longer than 24 hours without sleep?  Yes  No  
 If yes, were you tired the next day?  Yes  No If so, how often has this occurred? \_\_\_\_\_  
 What is the maximum number of days you have gone without sleep? \_\_\_\_\_
  
- Do you feel tired during the day?  Yes  No
  
- Do you fall asleep during the day?  Yes  No

**General Medical History:**

Are you pregnant or nursing?  Yes  No

Do you have any history of the following?  Yes  No

<input type="checkbox"/> Hypertension	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Heart Attack
<input type="checkbox"/> Heart Murmur	<input type="checkbox"/> Arrhythmia	<input type="checkbox"/> Seizure Activity
<input type="checkbox"/> Stroke	<input type="checkbox"/> Syncope/Fainting	<input type="checkbox"/> Thyroid Disease
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Cancer	<input type="checkbox"/> Asthma
<input type="checkbox"/> COPD	<input type="checkbox"/> Head Injury                Date: _____	<input type="checkbox"/> Cardiac Abnormality
<input type="checkbox"/> Migraine	<input type="checkbox"/> Headaches	<input type="checkbox"/> Reflux
<input type="checkbox"/> Allergies	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Sleep Disordered Breathing
<input type="checkbox"/> Restless Leg Syndrome	<input type="checkbox"/> Other:	

<input type="checkbox"/> Normal Vision	<input type="checkbox"/> Vision Impaired	<input type="checkbox"/> Contacts	<input type="checkbox"/> Glasses
<input type="checkbox"/> Normal Hearing	<input type="checkbox"/> Hearing Impaired	<input type="checkbox"/> Hearing Aids	<input type="checkbox"/> Other:

**SURGICAL HISTORY:**

<input type="checkbox"/> Tonsillectomy	<input type="checkbox"/> Appendectomy	<input type="checkbox"/> Orthopedic Surgery
<input type="checkbox"/> Adenoidectomy	<input type="checkbox"/> Hysterectomy	<input type="checkbox"/> Gall Bladder Removed
<input type="checkbox"/> Tubes in ears	<input type="checkbox"/> Other:	

**SOCIAL HISTORY:**

- What is your marital status?
  - Married                       Never married                       Divorced
  - Separated                       Widowed                       Partner
- With whom do you live?
  - Alone                       Spouse/partner                       Spouse/partner and children
  - Sibling                       Relatives                       Roommate/friend
- Do you have children? If yes, how many? \_\_\_\_\_ How many live with you? \_\_\_\_\_
- What is your highest level of education?
  - Did not complete HS                       HS graduate                       GED or equivalent
  - Trade/Technical school                       Some college                       Associate's Degree
  - Bachelor's Degree                       Master's degree                       Doctorate or Law degree
- Are you currently in college?     Yes     No
  - Freshman     Sophomore     Junior     Senior     Grad School
- Do/did you have any of the following problems while in school?
  - Attention problems                       Difficulty reading                       Poor school performance
  - Discipline problems                       Difficulty w/math                       Work hard w/inferior results
  - Under performance                       Turned in work late
- Did you have any academic support/accommodations while in school?     Yes     No
- Were you ever held back or failed a grade?     Yes     No    Explain: \_\_\_\_\_
- What is your employment status?
  - Full-time                       Part-time                       Per diem/contract
  - Seasonal                       Retired                       Change jobs frequently
  - Disabled                       Unemployed                       Problems with work performance
- What type of work do you do? \_\_\_\_\_
- Do you exercise regularly?     Yes     No
  - Aerobic     Weight lifting     Flexibility     Stability     Strength training
- How would you classify your diet?     Regular     Vegetarian     Other dietary restrictions \_\_\_\_\_
- List activities that you enjoy doing: \_\_\_\_\_
- What is your general stress level?     Low     Medium     High     Average     Worsening     Improving

- In the past year, have you had any recent life stressors?
  - None
  - Change in family dynamic
  - Job Instability
  - Loss of relationship
  - Loss of loved one
  - Empty Nest
  - Marriage
  - Significant health diagnosis
  - Job loss
  - Relocation
  - Loss of relationship
  - New relationship
  - Divorce
  - Financial problems
  - Loss of loved one
  - Academics/return to school
  - Retirement
  
- What is your driving history?
  - No moving traffic violations
  - 2 or less moving traffic violations
  - 3 or more moving traffic violations
  - License suspended/revoked
  - No accidents
  - 2 or less accidents
  - 3 or more accidents
  
- How many caffeinated beverages do you consume a day?
  - None
  - <1 per day
  - 1-3 per day
  - 3+ per day
  
- Do you use alcohol?  Yes  No
  - Several drinks daily
  - Once a day
  - A few days a week
  - On weekends/socially
  - Rarely
  - Concern for addiction
  
- Do you use chewing tobacco/smoke?  Yes  No
  - More than one pack a day
  - Several daily
  - A few days a week
  - On weekends/socially
  
- Do you use marijuana?  Yes  No
  - Infrequent
  - Frequent
  - Concern for addiction
  
- Have you used other drugs?  Yes  No
  - Cocaine
  - Xanax
  - Narcotics
  - Amphetamines
  - Other
  - Infrequent
  - Frequent
  - Concern for addiction
  
- Do you participate in any type of rehab program or substance abuse counseling?  Yes  No
  
- Do you have any legal issues?  Yes  No



Patient Name			Today's Date				
<p>Please answer the questions below, rating yourself on each of the criteria shown using the scale on the right side of the page. As you answer each question, place an X in the box that best describes how you have felt and conducted yourself over the past 6 months. Please give this completed checklist to your healthcare professional to discuss during today's appointment.</p>			Never	Rarely	Sometimes	Often	Very Often
1. How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done?							
2. How often do you have difficulty getting things in order when you have to do a task that requires organization?							
3. How often do you have problems remembering appointments or obligations?							
4. When you have a task that requires a lot of thought, how often do you avoid or delay getting started?							
5. How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?							
6. How often do you feel overly active and compelled to do things, like you were driven by a motor?							
<b>Part A</b>							
7. How often do you make careless mistakes when you have to work on a boring or difficult project?							
8. How often do you have difficulty keeping your attention when you are doing boring or repetitive work?							
9. How often do you have difficulty concentrating on what people say to you, even when they are speaking to you directly?							
10. How often do you misplace or have difficulty finding things at home or at work?							
11. How often are you distracted by activity or noise around you?							
12. How often do you leave your seat in meetings or other situations in which you are expected to remain seated?							
13. How often do you feel restless or fidgety?							
14. How often do you have difficulty unwinding and relaxing when you have time to yourself?							
15. How often do you find yourself talking too much when you are in social situations?							
16. When you're in a conversation, how often do you find yourself finishing the sentences of the people you are talking to, before they can finish them themselves?							
17. How often do you have difficulty waiting your turn in situations when turn taking is required?							
18. How often do you interrupt others when they are busy?							